



November 23, 2008 – Will Mackey

## **GIVING THANKS BACK TO GOD!**

(Luke 17:11-19)

1. Jesus expects us to express gratitude for what he has done in our lives. (17)
2. Unexpressed gratitude does not please Him. (18)
3. Expressed gratitude opens up our lives to further blessings. (19)

### **Four Things Everyone Ought To Know About Gratitude:**

1. The heart that gives thanks back to God understands the proper way to approach Him. (Ps. 100:4-5)
2. The heart that gives thanks back to God gives to Him a spiritual offering. (Ps. 116:17)
3. The heart that gives thanks back to God has discovered the secret for responding to all of life's circumstances. (I Thes. 5:16-18)
4. The heart that gives thanks back to God has discovered the remedy for stress and worry. (Phil. 4:6-7)

### **Building A Habit of Gratitude (Try some of these):**

1. Give heart-felt thanks before or after meals.
2. Begin and end the day by expressing gratitude to God.
3. At least once a week, tell others how good God has been to you.
4. At least once a week around the dinner table, talk about all the blessings in your lives that come from God.
5. Begin every prayer with a time of thanksgiving to God.
6. In your prayers, try to spend more time thanking God than asking God for things.