



"The Christian Life" Series, Message 4 – September 6, 2009 – Pastor Will Mackey

The Characteristics of A Distracted Life! (Luke 10:38-42)

So Far In This Series We've Learned:

1. Jesus wants fellowship *with* us before He wants service *from* us.
2. Service *for* Jesus that flows out of fellowship *with* Jesus will powerfully affect the lives of others.
3. Often it is the common, everyday expectations of life and our own personal insecurities that are allowed to distract us from fellowshiping with Jesus.

Today's Message:

4. When we allow ourselves to become distracted away from spending time with Jesus, certain characteristics begin to come out in our lives. We might begin to:

- Accuse the Lord of untrue things.

"...She came to him and asked, 'Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me.'" (40)

- Embrace a victim mentality.

"...She came to him and asked, 'Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me.'" (40)

- Lack wisdom for "everyday" life situations.

"...She came to him and asked, 'Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me.'" (40)

We might begin to:

- Try to boss God around.

"...She came to him and asked, 'Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me.'" (40)

- Become worried and upset with the small things of life.

"'Martha, Martha,' the Lord answered, 'you are worried and upset about many things...' " (41)

What Do We Do With This Truth Today?

1. Understand that distracted people still love Jesus and are still loved by Jesus.
2. Understand there is a way of relating to Jesus that is better. This way is when fellowship with Jesus comes first...enjoys priority in daily life.
3. Simplify your life.
 - Take out of your life what you really don't need.
 - Sleep more, eat well, and take time with family and friends.
 - Observe a Sabbath Day.
 - Say "no" more often.
4. Discipline your life.
 - Begin and end your day with the Lord.
 - Find the middle of your day and take time to center on Christ.
 - Outline your conversations with Christ until you are able to focus without it.
 - Focus on one passage of Scripture each day.

Warning!

Spiritual, mental, emotional, and physical health can come from spending time with your Maker.