



June 6, 2010 – Will Mackey

Building Spiritual Muscles! (Part 1)

"James, a servant of God and of the Lord Jesus Christ. To the twelve tribes scattered among the nations; Greetings. Consider it pure joy, my brothers, when you face trials of many kinds, because you know that the testing of your faith develops perseverance..." (James 1:1-3)

1. No Christian is exempt from life's trials and troubles.

"...when you face trials..."

2. God wants us to be so mature in Christ that when we go through trials we can still experience joy.

"Consider it pure joy, my brothers, when you face trials of many kinds..."

3. We can experience joy in the most difficult times because, as followers of Christ, we know something that others do not.

"...because you know..."

4. In order for our faith to develop, it must be tested.

"...that the testing of your faith develops perseverance..."